

Yu-Kang Chen

EDUCATION

- 2008 – 2014 Ph.D. in Counseling Psychology
Teachers College, Columbia University, New York, NY
- 2002 – 2004 M.A. in Counseling and Guidance with an emphasis in Counseling
in Colleges and Community Agencies
The Steinhardt School of Education, New York University, New York, NY
- 1996 – 2000 B.S. in Psychology
National Chengchi University, Taipei, Taiwan

LICENSURE

New York State Licensed Psychologist
License Number: 021501-1

PROFESSIONAL POSITION

- 06/18 – Present Clinical Psychologist, Hamilton-Madison House Community Mental
Health Clinic, New York, NY
- 05/16 – 06/18 Staff Psychologist, Hamilton-Madison House Community Mental
Health Clinic, New York, NY
- 05/15 – 05/16 Full time Psychology Fellow, Hamilton-Madison House Community
Mental Health Clinic, New York, NY
- 11/14 – 05/15 Part time Post-doc Clinician, Hamilton-Madison House Community Mental
Health Clinic, New York, NY
- 11/14 – 05/15 Supervised Psychologist, CHE Psychological Services, Brooklyn, NY
- 08/13 – 08/14 Psychology Intern, Hamilton-Madison House Community Mental Health
Clinic (APA accredited), New York, NY
- 06/11 – 05/13 Graduate Advising Assistant, Department of Counseling and Clinical
Psychology, Teachers College, Columbia University, New York, NY
- 01/08 – 06/08 Acting Associate Director of Client Services, Asian and Pacific Islander
Coalition on HIV/AIDS, New York, NY
- 11/04 – 06/08 Case Management Team Leader, Asian and Pacific Islander Coalition on
HIV/AIDS, New York, NY

- 09/04 – 10/04 Bilingual Assistant, Asian and Pacific Islander Coalition on HIV/AIDS, New York, NY
- 03/01 – 06/02 Psychological Counseling Officer, North Coast Guard Bureau, Guanyin, Taiwan

CLINICAL EXPERIENCE

- 06/18 – Present Clinical Psychologist, Hamilton-Madison House Community Mental Health Clinic, New York, NY
- Provides intake screening, case management, crisis intervention, family/couple therapy, and short/long-term individual psychotherapy to patients in Outpatient Mental Health Services. Training Director of the Psychology Internship program. Assists clinic operation, and quality assurance. Provides work shop, seminars and other training activities. Assists director in developing and maintaining partners with other organizations on service delivery, research, community services, and outreach efforts.
 - Supervisor: Joy Luangphaxay, LMSW
- 05/16 – 06/18 Staff Psychologist, Hamilton-Madison House Community Mental Health Clinic, New York, NY
- Provides intake screening, case management, crisis intervention, family/couple therapy, and short/long-term individual psychotherapy to patients in Outpatient Mental Health Services. Assists director with the administration of the psychology internship program, clinic operation, and quality assurance. Directs the master mental health internship program and maintain relationships with various master level training programs. Provides work shop, seminars and other training activities. Assists director in developing and maintaining partners with other organizations on service delivery, research, community services, and outreach efforts.
 - Supervisor: Ginette Wong, Psy.D., Angela Yeung, Psy.D.
- 05/15 – 05/16 Full time Psychology Fellow, Hamilton-Madison House Community Mental Health Clinic, New York, NY
- Provided intake screening, case management, crisis intervention, family/couple therapy, and short/long-term individual psychotherapy to patients in the Asian American Recovery Services and Outpatient Mental Health Services. Participated in weekly multidisciplinary treatment team meetings. Facilitated parenting skills training in the parents support group. Supervise master's level mental health interns.
 - Supervisor: Ginette Wong, Psy.D.
- 11/14 – 05/15 Part time Post-doc Clinician, Hamilton-Madison House Community Mental Health Clinic, New York, NY
- Provided intake screening, case management, crisis intervention, family/couple therapy, and short/long-term individual psychotherapy to a diverse client load. Participated in weekly multidisciplinary treatment team meetings.
 - Supervisor: Ginette Wong, Psy.D.
- 11/14 – 05/15 Supervised Psychologist, CHE Psychological Services, Brooklyn, NY
- Provided intake screening, individual psychotherapy, and consultation at three nursing homes in Flushing, New York.
 - Supervisor: Danielle Pepe, Ph.D., Margie Adelsky, Ph.D., and Margaret

Staiano, Ph.D.

- 08/13 – 08/14 Psychology Intern, Hamilton-Madison House Community Mental Health Clinic (APA accredited), New York, NY
- Provided intake screening, case management, crisis intervention, outreach, groups, family therapy, and short/long-term individual psychotherapy to a diverse client load. Participated in treatment planning to develop and monitor goals. Participated in weekly multidisciplinary treatment team meetings. Presented and participated in case conferences and seminars. Facilitated parenting skills training in the parents support group.
 - Supervisor: Pei-Chen, Hsu, Ph.D., and George Collins, Ph.D.
- 09/12 – 05/13 Family/Couple Therapy Extern, Center for Educational and Psychological Services, New York, NY
- Provided families/couples therapy with a team of psychologist trainees and the supervisor. Attend weekly didactic and supervision groups.
 - Supervisor: David Greenan, Ph.D.
- 09/11 – 05/12 Counselor/Psychology Extern, YACHAD, The National Jewish Council for Disabilities – IVDU High School, Brooklyn, NY
- Provided long-term individual psychotherapy and social skills groups to students age 16 to 20 years old with a range of developmental, behavioral, and emotional diagnoses. Implemented behavioral plans to promote behavioral and emotional growth within the students. Conducted and assisted in vocational and therapeutic activities. Assisted in conducting and scoring psychological assessments for a student's psychological evaluation for public assistance application.
 - Supervisor: Michelle Orgel, Ph.D.
- 09/10 – 06/11 Counselor/Psychology Extern, New York-Presbyterian Hospital – Lucy A. Wicks Clinic, New York, NY
- Provided intake screening, case management, and long-term individual psychotherapy to HIV infected or affected clients. Participated in treatment planning to develop and monitor goals. Participated in weekly multidisciplinary treatment team meetings.
 - Supervisor: Vera Beato-Smith, Ph.D.
- 09/09 – 05/10 Counselor/Psychology Extern, Center for Educational and Psychological Services, New York, NY
- Provided long-term individual psychotherapy to a diverse client load. Presented and participated in case conferences and seminars.
 - Supervisor: Michael J. Koski, Ph.D.
- 07/09 – 08/09 Psychological Assessment Extern, Rusk Institute of Rehabilitation Medicine, NYU Langone Medical Center, New York, NY
- Administered psychological assessments to volunteer participants and adult patients with multiple sclerosis or traumatic brain injury in three clinical research projects.
 - Supervisors: Laura Miles, Ph.D., and Gregory Payton, Ph.D.
- 11/04 – 06/08 Case Management Team Leader, Healthy Relationships Group and Mandarin Support Group Facilitator, Asian and Pacific Islander Coalition on HIV/AIDS, New York, NY

- Provided case management and crisis intervention to HIV-positive clients and their family members. Facilitated long-term support groups and short-term cognitive-behavioral intervention groups to HIV-positive clients. Provided supervision and training to case managers and bilingual assistants. Participated in weekly multidisciplinary treatment team meetings.
- 07/03 – 04/04 Counselor/Psychology Extern, South Beach Psychiatric Center, Bensonhurst Service, Brooklyn, NY
- Facilitated interpersonal and vocational groups to adult patients with chronic mental illness in a day treatment program. Provided individual psychotherapy to a non-English speaking Asian client. Presented and participated in case conferences and seminars.
- 03/01 – 06/02 Counselor, North Coast Guard Bureau, Guanyin, Taiwan
- Provided individual psychotherapy, crisis intervention, intake screening, and consultation service to a unit of 500 soldiers and officers. Conducted monthly outreach and psychoeducational seminars.
- 03/00 – 06/00 Counselor, Ching Mei Junior High School, Taipei, Taiwan,
- Provided supportive individual psychotherapy to a student with adjustment issues.
- 07/99 – 08/99 Psychological Assessment Extern, Taipei Psychiatric Center, Taipei, Taiwan
- Administered psychological assessments to an inpatient patient and provided comprehensive report on diagnoses and treatment recommendations.

RESEARCH EXPERIENCE

- 10/12 – 05/14 Principle Investigator, “Effects of Client HIV Status and Race on Therapeutic Impressions of Counselor Trainees”, Teachers College, Columbia University, New York, NY
- Dissertation in Counseling Psychology
 - Summary: A quantitative study using case vignettes to explore the impact of client HIV status and race on counselor trainees’ therapeutic impressions.
 - Advisor: Laura Smith, Ph.D.
- 01/10 – 09/11 Principle Investigator, “Stigma and discrimination in the life experiences of Asian and Pacific Islander men who have sex with men living with HIV/AIDS”, Teachers College, Columbia University, New York, NY
- Research competency project in Counseling Psychology
 - Summary: A qualitative study using consensus quality research (CQR) method to examine HIV/AIDS stigma and discrimination experiences of Asian men who have sex with men living with HIV/AIDS.
 - Advisor: Laura Smith, Ph.D.
- 02/09 – 05/11 Research Assistant, “Cross-Cultural Understanding of Gender Role”, Teachers College, Columbia University, New York, NY
- Conducted semi-structured interviews to volunteer participants. Analyzed qualitative data. Prepared manuscripts for publication.
 - Advisor: Michael Lau, Ph.D.

- 11/08 – 03/09 Workshop Facilitator, “Take Ownership of the HIV/AIDS Epidemics”, Hunter College, New York, NY
- Facilitated workshop among Taiwanese Christians regarding HIV prevention.
 - Advisor: John Chin, Ph.D.
- 04/08 Workshop Facilitator, “Take Ownership of the HIV/AIDS Epidemics – Pilot Study”, Hunter College, New York, NY
- Facilitated HIV 101 workshop in two Asian religious institutions.
 - Advisor: John Chin, Ph.D.
- 05/07 Focus Group Facilitator, “The Unintended Social Consequences of a Flu Pandemic”, National Center for Disaster Preparedness, Mailman School of Public Health, Columbia University, New York, NY
- Facilitated a Mandarin-speaking focus group consisting of residents in Chinatown to explore their reactions to a hypothetical flu pandemic.
 - Advisor: David Abramson, Ph.D.
- 01/05 – 07/05 Research Assistant, “A Needs Assessment of Asians and Pacific Islanders Living with HIV/AIDS in the New York Eligible Metropolitan Area”, The New York Academy of Medicine, New York, NY
- Recruited participants and coordinated interview schedule. Conducted interviews to volunteer participants.
 - Advisor: John Chin, Ph.D.

TEACHING EXPERIENCE

- 01/09 – 07/13 Teaching Associate, Department of Counseling and Clinical Psychology, Teachers College, Columbia University, New York, NY
- Assisted with three graduate-level experiential courses: Foundations of Counseling, Group Counseling, Racial Cultural Lab. Supervised and trained counselor trainees in individual and group counseling.
 - Supervisors: Michael Lau, Ph.D., Gregory Payton, Ph.D., Robert Carter, Ph.D., Melanie Brewster, Ph.D., and Diana Morrobel, Ph.D.

SCHOLARLY PUBLICATIONS

Book chapter

- Michael Y. Lau, M. Y., Chen, Y. K., Huang, J., & Miville, M. L. (2013). Gender roles among Asian/Asian American men. In M. L. Miville (Ed). *Multicultural Gender Roles: Counseling and Psychotherapy Techniques*. New York: Wiley & Sons.

PROFESSIONAL PRESENTATION

- Chen, Y. K.** (2019, October). Family Talk: How to talk about mental health in Asia families. Guest panelist at Asian American Federation, New York, NY.
- Chen, Y. K.** (2019, June). Cultural and language barriers in providing mental health services to the Chinese community. Guest speaker at “Talk to Me” Conference at the Samaritans of New York, Queens, NY.

- Chen, Y. K.** (2019, June). Policy implications and directions for future research. Facilitator for the panel discussion at P.E.A.R.L. Institute Conference, New York, NY.
- Chen, Y. K.** & Zhu, J. (2018, December). Recognize signs and symptoms of depression to help your child. Guest speaker at New Tang Dynasty Television health event, Flushing, NY.
- Chen, Y. K.** & Yin, Y.Y. (2018, December). Recognize early warning signs for depression. Guest speaker at New Tang Dynasty Television health event, Brooklyn, NY.
- Chen, Y. K.** (2018, July). Mental health stigma in the Chinese community. Guest speaker at Sinovision TV, New York, NY.
- Chen, Y. K.** (2017, November). Introduction of problem gambling in the Chinese community. Guest speaker at Family Health Centers at NYU Langone – Sunset Terrace, Brooklyn, NY.
- Chen, Y. K.** (2017, October). Overcoming challenges to mental health services for Asian New Yorkers. Guest panelist at Asian American Federation, New York, NY.
- Chen, Y. K.** (2017, May). Borte, Queen of Tibet - A Journey into mental illness & the healing power of filmmaking. Guest panelist at Film Lab, Brooklyn, NY.
- Chen, Y. K.**, & Chen, C. W. (2013, June). From theory to practice – Navigate multicultural issues in the workplace. Invited lecture at National Taipei College of Business.
- Chen, Y. K.** (2013, June). Sexual orientation microaggressions. Invited lecture at Taiwan Tongzhi Hotline Association, Taipei, Taiwan.
- Payton, G. J., **Chen, Y. K.**, & Skolnik A. (2013, February). Stigmatized identities and resiliency: Research and practice with HIV positive clients. Symposia presentation at the Winter Roundtable Conference, New York, NY.
- Greenan, D. E., Bonifacio, L., Chang, J. J., **Chen, Y. K.**, Jacobs, M., & Amelia, D. W. (2013, February). Multisystemic structural model for therapists working with marginalized families. Workshop presentation at the Winter Roundtable Conference, New York, NY.
- Gwak, S. A. A., & **Chen, Y. K.** (2013, February). Intersecting identities in Asian Americans: Lessons learned about empowerment and becoming change agents. Symposia presentation at the Winter Roundtable Conference, New York, NY.
- Chen, Y. K.** (2012, July). HIV prevention and HIV case management in New York City. Invited lecture at Taiwan Tongzhi Hotline Association, Taipei, Taiwan.
- Chen, Y. K.** (2012, July). HIV case management in New York City. Invited lecture at Taiwan Lourdes Association, Taipei, Taiwan.
- Chen, Y. K.**, Sofletea, G. M., & Reynolds, L. D. C. (2012, June). Stigma and discrimination in the life experiences of Asian and Pacific Islander men who have sex with men living with HIV/AIDS. Invited lecture at APICHA Community Health Center, New York, NY.

Chen, Y. K., Sofletea, G. M., & Reynolds, L. D. C. (2011, August). Stigma and discrimination in the life experiences of Asian and Pacific Islander men who have sex with men living with HIV/AIDS. Poster presentation at the American Psychology Association Conference, Washington, DC.

Chen, Y. K. (2007, September). Introduction to case management. Invited lecture at National Chengchi University, Counseling Center, Taipei, Taiwan.

Chen, Y. K. (2007, May). An overview of culturally effective strategies and approaches to implementing and evaluating HIV/AIDS interventions. Invited lecture at the Moving Beyond Boundaries: Culturally Appropriate Evaluation of HIV Prevention Programs for Asian, South Asian, and Pacific Islanders, Boston, MA.

Chen, Y. K. (2006, September). HIV 101. Invited lecture presented at the Union Christian Church, Astoria, NY.

Chen, Y. K. (2005, October). Working with HIV positive individuals at the community based organization setting. Invited lecture at Department of Psychology, National Chengchi University, Taipei, Taiwan.

Chen, Y. K. (2003, January). Adjusting life in the United States as an international student. Invited lecture at Department of Psychology, National Chengchi University, Taipei, Taiwan.

LANGUAGE ABILITY

Fluent in Mandarin